

## ABI Program

Supports for Community Living Services (SCLS)

## What is the SCLS Program for Survivors of Acquired Brain Injury?



## Skills Society supports adult survivors of acquired brain injury

Skills Society provides community based support to adult survivors who have acquired a brain injury



### Provide 1 on 1 support to achieve personal goals

SCLS workers work with participants to develop and pursue goals they are passionate about.



#### Provide a wide array of support

Skillsets include rehabilitation, accessing resources, relationship building, and community connections

### What SCLS Workers Do

Cognitive skills coaching
 Help with memory, attention, problem solving, and decision making

Develop daily living skills
 Assist with meal planning, household tasks, time management, and money management

Build lifestyle changes and skills
 Improve communication, social connections, coping strategies, nutrition, and exercise

Prepare for work, volunteer, or school

Help find passions, assist with applications, provide job training strategies

Connect to community resources

Introduce transportation, recreation, events, and other local services

## SCLS Program Eligibility

#### Age

Clients must be between 18 and 65 years old to qualify for the program

#### Documentation

Clients must provide documentation of a brain injury to be eligible

#### Funding

Clients who already receive developmental disability funding do not qualify

#### Goals

Clients must have potential to reach independence goals within 2 years

#### Independence

Clients must have a desire for increased independence

## What to Expect from Your SCLS Worker

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#### Up to 2 years of support

Clients can receive support for up to 2 years as long as they are working towards goals



#### Collaboration

Workers collaborate with clients to achieve their goals



#### Connections to resources

Workers connect clients to helpful resources in the community



#### Continued support

If goals are not met after 2 years, support may be extended upon re-evaluation



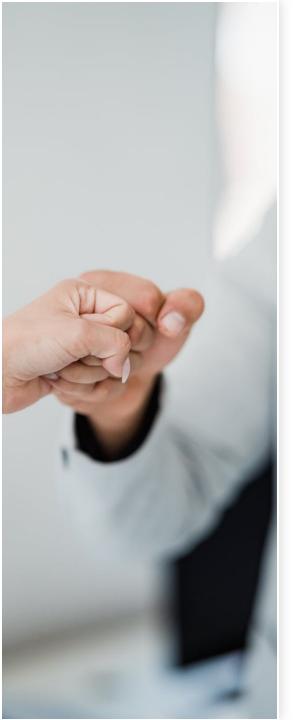
#### Weekly meetings

Meetings typically last 30 minutes to 2 hours and occur 1-2 times per week

## What Not to Expect from Your SCLS Worker

- No crisis management support
  Not available for emergencies outside of work hours
- No direct money handling
  Do not store, transfer, or borrow money
- No household tasks performed
  Do not clean, cook, or run errands
- No personal care assistance
  Do not help with bathing, medications, etc.
- No counseling services provided
  Not qualified mental health professionals





## What Your SCLS Worker Expects from You



#### Respect

Do not tolerate any physical or verbal abuse



#### Effort and collaboration

Willingness to put in effort to achieve goals



#### 24 hours notice for cancellations

Provide at least 24 hours notice to cancel meetings



#### Notify of home hazards

Let worker know of any potential hazards in home

You've heard from us.

# we want to hear from you.

- **♦** 587-989-4092
- o nancyk@skillssociety.ca

Reach out and we can provide our referral form. We can also provide assistance with filling out the form and in requesting any necessary documents.



